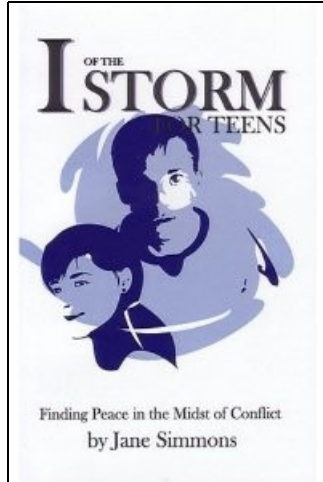


June feature —



I of the STORM for Teens
Finding Peace in the Midst of Conflict
By Jane Simmons

I of the Storm for Teens is about becoming a black belt in the art of being okay within oneself. Jane Simmons, a black belt in karate herself, has masterfully translated the principles of *The I of the Storm: Embracing Conflict, Creating Peace*, a Unity House best seller by Gary Simmons, her husband.

I of the Storm for Teens is an easy handbook for creating peace in the midst of conflict. This book is especially written for teens who struggle with issues of self-worth, fitting in, peer pressure, school bullies, and growing up in a troubled world. The author draws upon the rich spiritual traditions of the world's most respected religions from Christianity to Buddhism sharing relevant anecdotes and stories that warm the heart and enliven the soul. At the end of each chapter are helpful exercises that give the reader a practical experience in applying the spiritual principles of this book.

Available in the Christ Unity Bookstore — “lower level” in the Unity Café.