



Lessons in Truth

by **H. Emilie Cady**

If you're new to Unity, or in need of a refresher, this classic Unity text is a "must-read."

"For the past 100 years, Unity students around the world have been blessed that this little book has been available to guide them in their quest for Truth. Dr. Cady's straight-forward approach and no-nonsense style make her words as powerful as they are timeless."

— *Connie Fillmore Bazy*

H. Emilie Cady was born in 1848 in upstate New York. A turn-of-the-century homeopathic practitioner and metaphysician, she taught that we can transform our lives through the power of our thoughts, words and beliefs.

She was a student of New Thought "teacher of teachers" Emma Curtis Hopkins but remained spiritually independent. She was inspired by Biblical teachings and was influenced by the ideas of Ralph Waldo Emerson.

Lessons in Truth has sold more than 1.5 million copies since its publication in 1896.

You'll find this and many other metaphysical texts in the Christ Unity Church Bookstore — "lower level" in the Unity Café. 135 N. 31 St., Lincoln, NE 68503.